



Food is a cultural identity; some dishes are even recognized as cultural heritage by UNESCO. Today, we will shed light on Texas and how its national dish is a clear example of how food is intrinsically tied to culture, heritage, and identity.

Texas's national dish is chili con carne—but why? The American South, and most notably Texas, has always been culturally close to Mexico, so naturally, they share many similarities, especially in cuisine. This dish, popularized in the 19th century in San Antonio, Texas, was considered very affordable and hearty. It was sold by women known as “chili queens” in open-air markets. Because it was non-perishable, people like cowboys preferred it for long cattle drives.



It was designated the official state dish of Texas in 1997 and has been a part of Texan identity since the 19th century. And is still consumed regularly to this day

By LAFRIKH Karim from 304 in collège Anatole France